



Moving Stillness Healing Arts

"Inspiring Self-Healing, Life-Changing Choices"

Capability Statement

www.movingstillnesshealingarts.com

Moving Stillness Healing Arts is dedicated to the concept of "Longevity without Frailty," taking control of your health and being able to live a lifetime of good health and happiness on your terms. You become a partner with your physician instead of a patient. At Moving Stillness we believe the keys to lasting good health throughout your lifetime are physical activity, making a significant part of your diet whole food plant based and controlling stress in your life. Another important service offered by Moving Stillness is Tai Chi Instructor Enhancement Training. Qualified, well trained Tai Chi Instructors are crucial to teaching the masses how to play an active role in achieving and maintaining good health. Moving Stillness utilizes over thirty seven years of applied Tai Chi knowledge, experience and skills to develop and implement Tai Chi Instructor training programs to help Tai Chi Instructors reach higher levels of Tai Chi knowledge, skills and effectiveness. This translates into a healthier and happier population.



CAGE: 8PFX2 | **DUNS:** 117601553 | **Phone:** (517) 927-9608

Company Snapshot

Gov. Business POC: Daniel Jones

Phone: (517) 927-9608

E-Mail: djonesdragon@gmail.com

Address: 3765 Butte Drive Apt 11
Holt, MI 48842

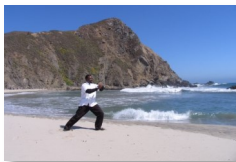
Work Area: Michigan

Socio-Economic Status:

- Minority-Owned Business
- Black American Owned

Core Competencies

- **Tai Chi**
- **Qigong**
- **Health & Wellness Counseling**
- **Mindfulness Meditation & Resilience Training**
- **Plant Based Diet & Nutrition Counseling & Education**
- **Targeted Training Goals**



Differentiators

- More than 40 years of applied Tai Chi knowledge, experience and skills
- We offer a unique Tai Chi and Qigong experience specifically designed by Dan Jones to help manage the symptoms of anxiety and PTSD
- We developed a specialized training program specifically for police officers

PSC & NAICS Codes

611699 - All Other Miscellaneous Schools and Instruction
541612 - Human Resources Consulting Services
611430 - Professional and Management Development Training
611519 - Other Technical and Trade Schools
621399 - Offices of All Other Miscellaneous Health Practitioners
624190 - Other Individual and Family Services
713940 - Fitness and Recreational Sports Centers
812191 - Diet and Weight Reducing Centers
812990 - All Other Personal Services
Q999 - Medical- Other
U099 - Education/ Training- Other

Daniel Jones
Gov Business POC

Phone: (517) 927-9608

E-Mail: djonesdragon@gmail.com

Address: 3765 Butte Drive Apt 11, Holt, MI 48842

